

ATHLETES CODE OF BEHAVIOUR

- Play by the rules.
- Never argue with an official. If you disagree, ask your Team Manager, Chaperone or supervising adult to deal with the matter.
- Control your temper. Verbal abuse of officials or other athletes, or deliberately distracting or provoking an opponent is not acceptable or permitted in our sport.
- Work equally hard for yourself and your Centre.
- Be a good sport. Applaud all good results whether they be by your Centre, your opponent or the other Centre
- Treat all athletes as you would like to be treated. Do not interfere with, bully or take unfair advantage of another athlete.
- Co-operate with your coach, club mates and other participants. Without them there would be no competition.
- Participate in Athletics for the “fun of it” and not just to please parents or coaches.

PARENTS CODE OF BEHAVIOUR

- Encourage children to participate if they are interested. Do not force a child who is not willing.
- Focus upon the child's efforts rather than the overall outcome of the event. This assists the child in setting realistic goals related to their ability by reducing the emphasis on winning.
- Teach children that an honest effort is as important as victory, so that the result of each event is accepted without undue disappointment.
- Encourage children to always participate according to the rules.
- Never ridicule or yell at a child for making a mistake or losing an event.
- Remember children are involved in Little Athletics for their enjoyment.
- If you disagree with an official, raise the issue through the appropriate channels rather than questioning the official's judgement and honesty in public. Remember, it is a volunteer parent who in most cases will be the Official.
- Support all efforts to remove verbal and physical abuse at Little Athletics activities
- Recognize the value and importance of being a qualified Volunteer Official and/or Coach. They give their time and resources to provide recreational activities for children and deserve your support.
- Demonstrate appropriate social behaviour, by not harassing athletes, coaches, officials or other parents or by being intoxicated or smoking on the arena.