

Southern Districts LAC 2010 Track Relay Team Age Group Coordinators

Teams need to marshal in the marshalling tent 15 minutes before the event time. They will need to warm up before then.

The people listed below will be the age group track relay coordinators. (These people have experience at previous championships and have a child in both track relay teams for this age group.)

Members of these teams should check in with the age group coordinator at the Southern Districts tent at least 30 minutes before their event time

Highlighted names: please let Judy Isaac know if you are available as age group coordinator.

We have some vacancies. If you are not listed but could be a coordinator....see Judy Isaac on Friday night

Event	Event Time	Age Group Coordinator
U9 Boys 4x100m	H 1pm, F 4.18pm	Carolyn Constable
U9 Boys 4x200m	H 10am, F 2.45pm	Carolyn Constable
U9 Girls 4x100m	H 12.48pm, F 4.14pm	Denise Ward
U9 Girls 4x200m	H 9.48am, F 2.40pm	Denise Ward
U10 Boys 4x100m	H 12.36pm, F 4.10pm	Shannon Viska
U10 Boys 4x200m	H 9.36am, F 2.35pm	Shannon Viska
U10 Girls 4x100m	H 12.24pm, F 4.06pm	(VACANT)
U10 Girls 4x200m	H 9.24am, F 2.30pm	(VACANT)
U11 Boys 4x100m	H 12.12pm, F 4.02pm	Lisa Beecken
U11 Boys 4x200m	H 9.12am, F 2.25pm	Lisa Beecken
U11 Girls 4x100m	H 12.00pm, F 3.58pm	Vicki Messent
U11 Girls 4x200m	H 9.00am, F 2.20pm	Vicki Messent
U12 Boys 4x100m	H 4.34pm, F 5.14pm	Bronwyn or Russell Paynter
U12 Boys 4x400m	H 10.30am, F 2.56pm	(VACANT)
U13 Boys 4x100m	H 3.22pm, F 5.22pm	Geoff Verrall
U13 Boys 4x400m	H 1.35pm, F 4.46pm	Geoff Verrall
U14 Boys 4x100m	H 3.46pm, F ?pm	(VACANT)
U14 Boys 4x400m	H 2.05pm, F ?pm	(VACANT)
U16 Boys 4x100m	F 6.10pm	Danny Mclvor
U16 Boys 4x400m	F 5.45pm	Danny Mclvor