

The South Australian Little Athletics Association Inc 2010/2011 IGA State Track Relay Championships

FINAL Program Saturday 4th December 2010 Salisbury East Little Athletics Centre Rundle Reserve, Rundle Road, Salisbury South

			Time	Hot Time
U11 Girls	4x200m	Heats	9:00	8:10
U11 Boys	4x200m	Heats	9:12	8:00
U10 Girls	4x200m	Heats	9:24	8:30
U10 Boys	4x200m	Heats	9:36	8:20
U9 Girls	4x200m	Heats	9:48	8:50
U9 Boys	4x200m	Heats	10:00	8:40
U12 Girls	4x400m	Heats	10:15	9:10
U12 Boys	4x400m	Heats	10:30	9:00
March Past and Official Opening				
Mums	4x100m	Heats	11:30	
Dads	4x100m	Heats	11:40	
U11 Girls	4x100m	Heats	12:00	9:30
U11 Boys	4x100m	Heats	12:12	9:20
U10 Girls	4x100m	Heats	12:24	9:50
U10 Boys	4x100m	Heats	12:36	9:40
U9 Girls	4x100m	Heats	12:48	10:10
U9 Boys	4x100m	Heats	13:00	10:00
U13 Girls	4x400m	Heats	13:20	18:10
U13 Boys	4x400m	Heats	13:35	18:00
U14 Girls	4x400m	Heats	13:50	18:30
U14 Boys	4x400m	Final	14:05	18:20
U11 Girls	4x200m	Final	14:20	
U11 Boys	4x200m	Final	14:25	
U10 Girls	4x200m	Final	14:30	
U10 Boys	4x200m	Final	14:35	
U9 Girls	4x200m	Final	14:40	
U9 Boys	4x200m	Final	14:45	
U12 Girls	4x400m	Final	14:50	
U12 Boys	4x400m	Final	14:56	
U13 Girls	4x100m	Heats	15:10	19:15
U13 Boys	4x100m	Heats	15:22	19:05
U14 Girls	4x100m	Heats	15:34	19:35
U14 Boys	4x100m	Final	15:46	19:25
U11 Girls	4x100m	Final	15:58	
U11 Boys	4x100m	Final	16:02	
U10 Girls	4x100m	Final	16:06	
U10 Boys	4x100m	Final	16:10	
U9 Girls	4x100m	Final	16:14	
U9 Boys	4x100m	Final	16:18	
U12 Girls	4x100m	Heats	16:22	10:30
U12 Boys	4x100m	Heats	16:34	10:20
U13 Girls	4x400m	Final	16:40	
U13 Boys	4x400m	Final	16:46	
U14 Girls	4x400m	Final	16:52	
U12 Girls	4x100m	Final	17:10	
U12 Boys	4x100m	Final	17:14	
U13 Girls	4x100m	Final	17:18	
U13 Boys	4x100m	Final	17:22	
U14 Girls	4x100m	Final	17:26	
U15 Boys	4x400m	Final	17:35	18:45

U15 Girls	4x400m	Final	17:40	18:40
U17 Boys	4x400m	Final	17:45	18:55
U16 Boys	4x400m	Final	17:45	18:55
U17 Girls	4x400m	Final	17:50	18:50
U16 Girls	4x400m	Final	17:50	18:50
U17 Mixed	4x400m	Final	17:55	19:00
U15 Boys	4x100m	Final	18:00	19:49
U15 Girls	4x100m	Final	18:05	19:45
U16 Boys	4x100m	Final	18:10	19:53
U17 Boys	4x100m	Final	18:10	19:53
U16 Girls	4x100m	Final	18:15	19:57
U17 Girls	4x100m	Final	18:15	19:57
U17 Mixed	4x100m	Final	18:20	20:01

Hot Weather program applies if the forecast issued at 11:30am Friday 3rd December is for 37° or above. Due to time constraints on the hot weather program, finals for track events will not be conducted, with medals being presented based on heat performances.

The South Australian Little Athletics Association Inc 2010/2011 IGA State Field Relay Championships

FINAL Program Saturday 4th December 2010 Salisbury East Little Athletics Centre Rundle Reserve, Rundle Road, Salisbury South

			Time	Hot Time
U10 Girls	Shot Put	Final	9:00	8:00
U12 Boys	Discus	Final	9:00	8:00
U12 Girls	Discus	Final	9:00	8:00
U10 Boys	Shot Put	Final	9:00	8:00
U9 Boys	Long Jump	Final	9:00	8:00
U11 Girls	High Jump	Final	9:00	8:00
U9 Girls	Long Jump	Final	9:00	8:00
U11 Boys	High Jump	Final	9:00	8:00
U12 Boys	Long Jump	Final	10:00	8:30
U11 Girls	Discus	Final	10:00	8:30
U11 Boys	Discus	Final	10:00	8:30
U10 Girls	High Jump	Final	10:00	8:30
U10 Boys	High Jump	Final	10:00	8:30
U12 Girls	Long Jump	Final	10:00	8:30
U9 Boys	Shot Put	Final	10:00	8:30
U9 Girls	Shot Put	Final	10:00	8:30
March Past and Official Opening				
U10 Girls	Discus	Final	12:00	9:00
U11 Boys	Long Jump	Final	12:00	9:00
U12 Girls	Shot Put	Final	12:00	9:00
U12 Boys	Shot Put	Final	12:00	9:00
U11 Girls	Long Jump	Final	12:00	9:00
U10 Boys	Discus	Final	12:00	9:00
U9 Girls	High Jump	Final	12:00	9:00
U9 Boys	High Jump	Final	12:00	9:00
U10 Girls	Long Jump	Final	13:00	9:30
U11 Girls	Shot Put	Final	13:00	9:30
U11 Boys	Shot Put	Final	13:00	9:30
U9 Girls	Discus	Final	13:00	9:30
U10 Boys	Long Jump	Final	13:00	9:30
U9 Boys	Discus	Final	13:00	9:30
U12 Boys	High Jump	Final	13:00	9:30
U12 Girls	High Jump	Final	13:00	9:30
U14 Girls	Shot Put	Final	14:00	18:00
U14 Boys	Shot Put	Final	14:00	18:00
U13 Boys	Long Jump	Final	14:00	18:00
U16 Boys	Discus	Final	14:00	18:00
U16 Girls	Discus	Final	14:00	18:00
U15 Girls	High Jump	Final	14:00	18:00
U15 Boys	High Jump	Final	14:00	18:00
U13 Girls	Long Jump	Final	14:00	18:00
U17 Boys	Discus	Final	14:30	18:00
U17 Girls	Discus	Final	14:30	18:00

U17 Mixed	Discus	Final	14:30	18:00
U13 Boys	Shot Put	Final	15:00	18:30
U15 Boys	Discus	Final	15:00	18:30
U15 Girls	Discus	Final	15:00	18:30
U13 Girls	Shot Put	Final	15:00	18:30
U14 Girls	High Jump	Final	15:00	18:30
U16 Girls	Long Jump	Final	15:00	18:30
U14 Boys	High Jump	Final	15:00	18:30
U16 Boys	Long Jump	Final	15:00	18:30
U17 Girls	Long Jump	Final	15:30	18:30
U17 Boys	Long Jump	Final	15:30	18:30
U17 Mixed	Long Jump	Final	15:30	18:30
U14 Boys	Discus	Final	16:00	19:00
U15 Girls	Long Jump	Final	16:00	19:00
U16 Girls	Shot Put	Final	16:00	19:00
U16 Boys	Shot Put	Final	16:00	19:00
U13 Boys	High Jump	Final	16:00	19:00
U14 Girls	Discus	Final	16:00	19:00
U13 Girls	High Jump	Final	16:00	19:00
U15 Boys	Long Jump	Final	16:00	19:00
U17 Mixed	Shot Put	Final	16:30	19:00
U17 Girls	Shot Put	Final	16:30	19:00
U17 Boys	Shot Put	Final	16:30	19:00
U15 Boys	Shot Put	Final	17:00	19:30
U16 Girls	High Jump	Final	17:00	19:30
U15 Girls	Shot Put	Final	17:00	19:30
U13 Boys	Discus	Final	17:00	19:30
U14 Girls	Long Jump	Final	17:00	19:30
U14 Boys	Long Jump	Final	17:00	19:30
U13 Girls	Discus	Final	17:00	19:30
U16 Boys	High Jump	Final	17:00	19:30
U17 Mixed	High Jump	Final	17:30	19:30
U17 Boys	High Jump	Final	17:30	19:30
U17 Girls	High Jump	Final	17:30	19:30

Hot Weather program applies if the forecast issued at 11:30am Friday 3rd December is for 37° or above. Due to time constraints on the hot weather program, field events may have number of attempts reduced.